

# About Community Hubs



These unique Community Hubs are welcoming places where local volunteers share their knowledge of the aged care system with local people. Community Hubs will also promote healthy ageing.

Volunteers receive training and support to ensure they have up-to-date information and can guide people to think about what supports might be best suited to their needs.

Some of the activities being offered in the Community Hubs include:

- Community workshops and information sessions
- Assistance with filling in forms
- Contacting My Aged Care
- Providing fact sheets, handouts and other resources
- Outreach services to support those who can't come into the centre
- Group support sessions
- Individual support sessions

There are 21 Community Hubs being tested in different locations around Australia during the trial.