

# WHAT IS THE AGED CARE NAVIGATORS TRIAL



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### What is the Aged Care Navigators Trial all about?

The Aged Care Navigators Trial is testing different types of services and activities to help people learn about Government supported aged care programs and how to access them via MyAged Care.

COTA Australia is working with 30 organisations around Australia to test out different ways to share information about aged care so that people who need services know how to get them when they need them.

The trials have been independently evaluated by Australian Healthcare Associates (AHA) to inform future policy considerations and guide the implementation of long-term models of support. This will include what works best for different people, taking into account their diverse needs and location.

The Aged Care Navigators Trial is funded until June 2021.

### Who can use the Aged Care Navigator service?

These services are for all people who need information about aged care options or help to access aged care supports. This includes older people, their families, friends and others who want to link with aged care supports.

The services are mainly aimed at helping people who:

- Live in rural or remote areas;
- Have a diverse cultural background;
- Have limited access to internet or other technologies;
- Identify as gender diverse;
- Are vulnerable, isolated, homeless or disadvantaged;
- Are experiencing dementia or poor mental health;
- Are unlikely to seek aged care support without assistance from others.